

**School Health Advisory Council
Academy ISD - Meeting #3 Minutes
for SY 2021-2022
February 17, 2022 2:30pm
AISD School Board Room**



AGENDA

- I. Welcome
- II. Review of Last Meeting Notes
- III. Upcoming Review of Programs
 - A. Wellness Plan - Assessment- Meeting #4- March 24 at 2:30pm
- IV. Focus Item- Nursing (Nurse Drake)
 - A. Campus Nurse Statistics
 1. Nurse Drake has been here 7 years; started with 1 nurse in the district and has developed to one per campus.
 2. 8/20 - Present
 - a) 8,090 visits
 - b) AES 31 PRN Medications
 - c) AIS __ PRN Medications
 - d) AMS 12 PRN Medications
 - e) Alternative Campus - Little to no daily - will visit when needed.
 - f) AIS (missed this information)
 - g) AMS 1, 449 visits
 - h) AHS 1,496 visits
 - i) AHS Nurse (Nurse) - 12 kids that take daily medications and 25 that visit regularly.
 - (1) See a lot of kids with anxiety/depression.
 - (2) Addison's disease, Seizures, Type 1 Diabetic, Type 2 Pre-Diabetic, Hypertension, Depression, Anxiety, etc...
 - j) All graduating Seniors are required to do a hands-on CPR course.
 - k) Hearing, Vision and Spinal screening for students.
 - (1) All MS Spinal screenings are completed on current students.
 - B. COVID Update
 1. 350+ Covid Vaccines Given

2. 35 (5-11 year old) vaccines given
3. Bell Co Health Department praised AISD for their response to Covid vaccines.
4. We are currently quarantining positive cases + inside the home contact.
5. Dr. Berry - is there any way to streamline a way to find information and submit information in regards to COVID without having to call Tonya Drake.
6. Dr. Berry - Mental and Health Resources- are more needed? Counselors have protocols to follow. AHS shared out. BSW has apps available for an affordable price.

V. Focus Item- Physical Education

A. Fitnessgram

1. Elementary / Intermediate have done Fitnessgram work, will do final fitnessgram for state submission in May.
2. Middle School / High School will start once girls basketball is done so that Coach Pursche will lead that for us.

B. Curriculum Adoption - None

C. Pre-Athletics and Athletics

1. Athletic Physicals - UIL requires every 2 years, AISD requires each year (May).
2. This year we have increased our strength and conditioning plan to focus on not only strength, but body movement and conditioning. MS-HS we workout 2-3 times a week (in some cases 4-5 times a week). This helps in injury prevention.
3. Coaches
 - a) first aid
 - b) CPR
 - c) concussion
 - d) Athletic Trainer!!
4. Dr. Berry - Physicals - elevated HBP need to be seen by the HS nurse.

D. PE Classes

1. AES-AHS our PE classes workout and move daily.

VI. Open Discussion/Questions

VII. Recommendations to be brought before the Board of Trustees, Closing Comments, Adjourn Meeting

- A. Motion- Berry
- B. Second- Drake